



International Sugar-Sweetened Soft Drink Survey 2015 - All Data

Data table sorted by brand, alphabetically, highest sugars per 330ml serving

Product information was collected online, instore or direct from manufacturers

Colour coding based on front of pack colour coded labelling criteria

Sugars - Red >13.5g/portion or >11.25g/100ml, Amber >2.5≤11.25/100ml, Green ≤2.25g/100ml

*Serving size has been standardised to 330ml, regular can size.

Sugars content per 330ml has been rounded up to the nearest whole number

Country	Product	Sugars (g) per 330ml* serving	Teaspoons sugar (g) equiv/330ml* serving
7 Up			
Canada	7 Up	39	10
India	7 Up	39	10
Australia	7 Up	37	9
Germany	7 Up	37	9
UK	7 Up	36	9
USA	7 Up	35	9
Coca Cola			
Canada	Coca Cola	39	10
Japan	Coca Cola	37	9
India	Coca Cola	36	9
Bangladesh	Coca Cola	36	9
South Korea	Coca Cola	36	9
Vietnam	Coca Cola	36	9
Argentina	Coca Cola	36	9
USA	Coca Cola	36	9
Chile	Coca Cola	36	9
Switzerland	Coca Cola	36	9
Poland	Coca Cola	36	9
Belgium	Coca Cola	36	9
Greece	Coca Cola	36	9
Indonesia	Coca Cola	36	9
Austria	Coca Cola	35	9
UAE	Coca Cola	35	9
South Africa	Coca Cola	35	9
France	Coca Cola	35	9
Spain	Coca Cola	35	9
Germany	Coca Cola	35	9
Italy	Coca Cola	35	9
Estonia	Coca Cola	35	9
Ireland	Coca Cola	35	9
Netherlands	Coca Cola	35	9
Australia	Coca Cola	35	9
New Zealand	Coca Cola	35	9
Pakistan	Coca Cola	35	9
Israel	Coca Cola	35	9
Singapore	Coca Cola	35	9
Morocco	Coca Cola	35	9
UK	Coca Cola	35	9
Brazil	Coca Cola	35	9
Mexico	Coca Cola	34	9
Venezuela	Coca Cola	34	8
Ecuador	Coca Cola	33	8
Colombia	Coca Cola	33	8
Thailand	Coca Cola	32	8
Dr Pepper			
USA	Dr Pepper	36	9
Canada	Dr Pepper	35	9
UK	Dr Pepper	24	6
Ireland	Dr Pepper	24	6
Germany	Dr Pepper	22	6
Fanta Orange			
India	Fanta Orange	43	11
Vietnam	Fanta Orange	43	11
Ecuador	Fanta Orange	43	11
Thailand	Fanta Orange	41	10
Colombia	Fanta Orange	41	10
USA	Fanta Orange	41	10
New Zealand	Fanta Orange	41	10
Turkey	Fanta Orange	40	10
Chile	Fanta Orange	40	10
Italy	Fanta Orange	39	10
Belgium	Fanta Orange	39	10
Netherlands	Fanta Orange	39	10
Russia	Fanta Orange	38	10
Hungary	Fanta Orange	37	9
Australia	Fanta Orange	37	9
Brazil	Fanta Orange	36	9
Singapore	Fanta Orange	36	9
Serbia	Fanta Orange	35	9
Kuwait	Fanta Orange	33	8
Oman	Fanta Orange	33	8
Qatar	Fanta Orange	33	8
France	Fanta Orange	32	8
Switzerland	Fanta Orange	30	8
Germany	Fanta Orange	30	8

Estonia	Fanta Orange	30	7
Austria	Fanta Orange	30	7
Spain	Fanta Orange	28	7
Argentina	Fanta Orange	23	6
Ireland	Fanta Orange	23	6
UK	Fanta Orange	23	6
Pepsi			
Japan	Pepsi	39	10
Kuwait	Pepsi	38	10
USA	Pepsi	38	9
Canada	Pepsi	38	9
Estonia	Pepsi	36	9
Croatia	Pepsi	36	9
Czech Republic	Pepsi	36	9
Finland	Pepsi	36	9
Brazil	Pepsi	36	9
Croatia	Pepsi	36	9
Germany	Pepsi	36	9
India	Pepsi	36	9
Italy	Pepsi	36	9
Switzerland	Pepsi	35	9
Greece	Pepsi	35	9
UK	Pepsi	35	9
Serbia	Pepsi	35	9
Schweppes Tonic Water			
USA	Schweppes Tonic Water	45	11
Germany	Schweppes Tonic Water	30	8
Austria	Schweppes Tonic Water	30	8
Mexico	Schweppes Tonic Water	30	7
Belgium	Schweppes Tonic Water	30	7
Italy	Schweppes Tonic Water	29	7
Switzerland	Schweppes Tonic Water	29	7
Turkey	Schweppes Tonic Water	29	7
Finland	Schweppes Tonic Water	29	7
Ireland	Schweppes Tonic Water	29	7
New Zealand	Schweppes Tonic Water	29	7
Netherlands	Schweppes Tonic Water	29	7
Hungary	Schweppes Tonic Water	29	7
Canada	Schweppes Tonic Water	29	7
Poland	Schweppes Tonic Water	28	7
Czech Republic	Schweppes Tonic Water	28	7
Spain	Schweppes Tonic Water	28	7
UK	Schweppes Tonic Water	17	4
Argentina	Schweppes Tonic Water	16	4
Sprite			
Thailand	Sprite	47	12
India	Sprite	40	10
UAE	Sprite	39	10
Kuwait	Sprite	39	10
Syria	Sprite	39	10
USA	Sprite	38	9
Vietnam	Sprite	36	9
Pakistan	Sprite	36	9
Algeria	Sprite	36	9
South Africa	Sprite	36	9
Kenya	Sprite	36	9
Rwanda	Sprite	36	9
Nigeria	Sprite	36	9
Uganda	Sprite	36	9
Ethiopia	Sprite	36	9
Botswana	Sprite	36	9
Colombia	Sprite	34	8
Australia	Sprite	33	8
Turkey	Sprite	33	8
Ecuador	Sprite	33	8
New Zealand	Sprite	33	8
Chile	Sprite	32	8
Germany	Sprite	30	8
Italy	Sprite	30	8
Oman	Sprite	24	6
Netherlands	Sprite	22	6
France	Sprite	22	5
Belgium	Sprite	22	5
Ireland	Sprite	22	5
UK	Sprite	22	5
Argentina	Sprite	20	5
Poland	Sprite	19	5
Austria	Sprite	19	5